

## VEGAN BOWLS

### CAESAR BOWL \$7.00

SALAD MIX, VEGAN CAESAR DRESSING, CRISPY CHICKPEAS ZA'ATAR, & VEGAN SHREDDED CHEESE

### CAESAR SALAD \$7.00

CHOPPED ROMAINE, CRISPY VEGAN TENDERS, & VEGAN SHREDDED CHEESE

### CUBAN BOWL \$7.00

FRIED BLACK BEANS WITH OLIVE OIL, DICED YELLOW ONIONS, DICED GREEN PEPPER, & DICED RED PEPPER, SERVED OVER BROWN RICE

### PICADILLO BOWL \$7.00

LENTILS WITH DICED POTATOES, SHREDDED CARROTS, DICED ONION, TOMATO, & JALAPENOS - SERVED OVER RICE OR ROMAINE LETTUCE

### BUILD YOUR OWN BOWL \$7.00

**BASE:** LETTUCE OR RICE

**PROTEIN:** PICADILLO OR TOFU

**TOPPINGS:** ONION, CARROTS, CELERY, CORN, PEPPERS, BROCCOLI, MUSHROOMS, TOMATO, BLACK BEANS

**DRESSING:** ORANGE SAUCE, TERIYAKI, SWEET CHILI, BUFFALO, ITALIAN, BALSAMIC, VEGAN CAESAR, RANCH

## WRAPS

### GRILLED VEGGIE BURRITO \$7.00

FLOUR TORTILLA, GUACAMOLE, GRILLED RED PEPPER, GRILLED YELLOW PEPPER, GRILLED ONION, REFRIED BEANS, & DICED JALAPEÑOS

### BUFFALO WRAP \$7.25

CHICKEN TENDERS, BUFFALO SAUCE, BLUE CHEESE DRESSING, ROMAINE, DICED TOMATOES

### CAPITAL BLT WRAP \$6.00

THICK PEPPER BACON, LETTUCE, TOMATO, & GARLIC DIJON AIOLI, ON A FLOUR TORTILLA

### CHICKEN RANCH WRAP \$7.25

GRILLED CHICKEN, PEPPERED BACON, LETTUCE, & TOMATO

### CHEESE QUESADILLA \$6.00

3 CHEESE BLEND ON A FLOUR TORTILLA

### CHICKEN FAJITA QUESADILLA \$7.25

GRILLED CHICKEN, ONIONS, PEPPERS, & 3 CHEESE BLEND ON A FLOUR TORTILLA

## SALADS

### BUFFALO CHICKEN SALAD \$7.50

ROMAINE LETTUCE, BUFFALO CHICKEN, CUCUMBER, TOMATOES, RED ONION, BLUE CHEESE CRUMBLE

### CLASSIC CAESAR SALAD \$5.00

CHOPPED ROMAINE LETTUCE, PARMESAN CHEESE, CAESAR DRESSING, GRILLED CHICKEN, CROUTONS

### ITALIAN ROMAINE SALAD \$6.50

DESCRIPTION HERE



**ONE**  
MAIN CAFÉ



# SANDWICHES

## CAJUN CHICKEN \$7.50

CAJUN RUBBED CHICKEN, PEPPER JACK CHEESE, GREEN LEAF, TOMATO, RED ONION, PICKLES, BUFFALO RANCH

## CAPITAL BLT \$5.65

THICK PEPPER BACON, TOMATO, LETTUCE, GARLIC DIJON AIOLI, TEXAS TOAST

## GRILLED CHEESE \$5.00

YOUR CHOICE OF CHEESE ON TEXAS TOAST

## GRILLED CHICKEN \$7.50

GRILLED CHICKEN, LETTUCE, PICKLES, RED ONION, TOMATO, & CHOICE OF CHEESE

## ITALIAN SUB MELT \$6.50

HAM, SALAMI, PEPPERONI, PROVOLONE, BANANA PEPPERS, TOMATO, RED ONION, & VINAIGRETTE

## ORIGINAL STACK BURGER \$7.60

AMERICAN CHEESE, LETTUCE, TOMATO, RED ONION, PICKLES, SB SAUCE

## PHILLY CHEESE CHICKEN \$7.50

CHICKEN, GREEN PEPPERS, ONIONS, & PROVOLONE SERVED ON A HOAGIE ROLL

## PHILLY CHEESESTEAK \$7.75

BEEF, GREEN PEPPERS, ONIONS, & PROVOLONE SERVED ON A HOAGIE ROLL

## CHICKEN PARMESAN MELT \$7.50

CRISPY CHICKEN TENDERS, ZESTY MARINARA, & PROVOLONE CHEESE

# PIZZA

## PIZZA SUB MELT \$5.75

ZESTY MARINARA, MOZZARELLA, & CHOICE OF ONE TOPPING ON A HOAGIE ROLL

## 1 TOPPING PIZZA \$7.00

7" PIZZA WITH MARINARA, MOZZARELLA, & CHOICE OF ONE TOPPING

## PEPPERONI PRETZEL \$6.50

PRETZEL TOPPED WITH MOZZARELLA & PEPPERONI

## BOSCO STICKS \$5.00

3 MOZZARELLA FILLED BREAD STICKS SERVED WITH ZESTY MARINARA

# SIDES

## FRIED PICKLES \$7.00

5 DEEP FRIED PICKLE SPEARS

## MOZZARELLA STICKS \$5.50

5 DEEP FRIED MOZZARELLA STICKS & ZESTY MARINARA

## WINGS \$9.00

CHOICE OF BBQ, BUFFALO, SWEET & SOUR, NASHVILLE HOT RUB, OR PLAIN

## CHICKEN TENDERS \$6.75

3 CRISPY CHICKEN TENDERS SERVED WITH RANCH

## FRENCH FRIES \$4.00

## TATER TOTS \$4.00

